Inner Strength Through Song: Exploring the Influence of Lyrics

First draft

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**Outline**

Paragraph 1: Introduction

• Introduce different kinds of lyrics and how lyrics have been created.

• Compare the lyrics in the past and nowadays

Paragraph 2: The Power of Words in Music

• Lyric is an art form that can connect with listeners on a deeply personal level by conveying messages, telling stories, and evoking emotions.

Paragraph 3: Personal experience

• I’ll share the song and the lyrics which inspire me a lot through the hard times.

Paragraph 4: conclusion

We may hear about the word “lyrics” in our daily, but lyrics are not only the words that accompany music in songs, and it comes in various forms and styles, reflecting different artistic intentions and cultural contexts. For instance, we have Greek lyric which is the body of lyric poetry written in dialects of Ancient Greek, and it could also be sung with instrumental accompaniment. Lyrics are intended to be performed with music, emphasizing rhyme and melody, and that’s why we have the lyrics that we are familiar with nowadays. However, there are some differences between traditional lyrics and modern-day lyrics. Traditional lyrics are more focused on nature, mythology, and folklore, and it also has fixed forms while modern lyrics don’t have such restrictions.

Although writing methods and style are diversified, the core purpose of evoking emotions and telling stories remains. Songwriters may convey a vast spectrum of feelings through lyrics, from happiness and love to sadness and despair. Songwriters are able to convey the complexity of human emotions through appropriate language and metaphors, which helps listeners identify with the song's message and draw links between it and their own experiences. And I want to illustrate from two different angles, one is storytelling and narratives, and the other is healing and inspiration. In many cultures, lyrics serve as vehicles for preserving history and traditions. Folk songs and ballads, for instance, often act as archives for cultural heritage or as narrators of historical events. Through lyrics, generations can pass down their stories and keep their traditions alive. From the other aspect, empowering lyrics with melody can inspire listeners to overcome challenges and pursue their dreams. Lyrics that convey strength, and resilience can motivate individuals to face adversity with determination and courage.

Therefore, I also have the experience that I got inspired by the lyrics when listening to the song. There is a song called “quarter life crisis” by TXT, which is a K-pop group I admire very much. Just like the title of the song, the lyrics delve into the concept of a quarter-life crisis, a period of life typically in one's mid-20s to early 30s, characterized by uncertainty, anxiety, and a sense of being lost or stuck. The song resonates with young adults who are grappling with the pressures of growing up and finding their place in the world. When I first listened to this song, I was really touched by the lyrics because it really expressed my worry about future, but on the other hand, it also told us that even though the path is not clear, just keep going and you will find the answer. “Don’t know where to go, but I’m walking,” I think this sentence of lyrics inspired me a lot and I realized that this is a progress that everyone must go through it after listening to the song.

To summarize the above, the significance of lyrics is something we cannot ignore. Its function varies from narrations to empowering individual’s spirit from past to modern days. What’s more, I think the profound impact of song lyrics on cultivating inner strength is the most important part to me. Lyrics offer particular opportunities for comfort and personal development, whether it's through the dramatic release of emotions, the motivation to conquer difficulties, or a recognition of shared struggles.